

2012 ALL STAR TEAM INFORMATION

Congratulations! The following swimmers have been selected as a qualifying athlete or an alternate for the 2012 Colorado All-Star Team that will be competing in Lawrence, Kansas over the Martin Luther King Holiday. If your name appears on Athlete list you have first priority accepting a space. If your name appears on the Alternate list you will be granted a spot based on scoring placement and space availability. Alternates and qualifiers should let us know as soon as possible via email if you intend on participating. Please email Alan Cobb at Alanrcobb@gmail.com with your RSVP. The deadline to notify the Colorado Age Group Chair is December 20th 2011. Notification given after this deadline will be accepted at the Age Group Chairs discretion. There will be additional time to complete the required registration. Alternates will be notified by December 22th, 2011 if they have a spot on the team.

Registration

1. First to secure your space please send an email to alanrcobb@gmail.com confirming your intent to participate. **Due 12/20**
2. After that you can go to the Team Colorado website (<http://www.teamunify.com/colsczone>) and fill out the new member registration, located on the tab on the left side. Fill out all the fields and select "2012 Colorado All-Star Team" as the group. Once you have completed the forms you will need to "checkout" to submit your registration for approval. The total balance due will be zero.
3. Download and fill out all forms associated with All-Stars, fill out attach checks and mail. **Due 12/22**

Alan Cobb
2515 Laporte #B4
Fort Collins, Colorado
80521

4. You're Done!

2012 Colorado All-Star Team

Girls		Boys	
10 & U		10 & U	
Coleen Gillilan	FAST CO	Philip Manoff	BLDR -CO
Morgan Simon	BLDR -CO	Scott Jensen	FAST CO
Payten Irwin	CUDA CO	Colton Barry	DSA CO
Alexandra Schwier	BLDR CO	Harrison Lierz	NJ CO
Amelie Lessing	FAC CO	Matthew Rusakevich	ACES CO
Kaitlin Pryor	FAST CO	Ryan Peterson	TOPS CO
Carissa Tan	HRA CO	William Hawley	DSA CO
Marisa Emoto	CUDA CO	Joey Ulrich	DSA CO
Gabreece Van Anne	AQUA CO	Oscar Davis	RACE CO
Elizabeth Hunt	ACES -CO	Kyle Raney	ACES CO
11 & 12		11 & 12	
Mia Brierly	DSA CO	Elijah Warren	STAR -CO
Katherine Harston	DSA CO	Ty Coen	NJ CO
Morgan Rosas	DSA CO	Nathan Rock	BLDR CO
Sidney Trimm	CUDA -CO	Keegan Bundy	TOPS CO
Simone Cade	DSA CO	Landon Rast	DSA CO
Sydney Gonzalez	ACES CO	Westin Stieglitz	CSST CO
Olivia Chatman	FLFN CO	Blayze Jessen	UN CO
Bayley Stewart	FAST CO	William Kovac	FAST CO
Lauren Sale	NJ CO	Dawson Stout	STAR CO
Jenna Frederick	UN CO	Jedd Wasson	FAC -CO
13 - 14		13 - 14	
Annie Ochitwa	HRA -CO	Santana Garcia	FST CO
Brooke Hansen	LOVE CO	Jonah Saya	MACS CO
Ella Moynihan	ACES CO	Bumsuk Oh	TOPS CO
Kamryn Holland	EVER CO	Christian Feiler	FAC -CO
Mattea Wabeke	LOVE CO	Michael Loyd	CSST CO
Abigail Kochevar	STAR CO	Gabriele Sasia	HRA CO
Eleanor Matheson	NFSC CO	Dylan McNally	LOVE CO
Kaylie Breslin	DSA CO	Tyler Lis	LONG CO
Brittney Beetcher	FAC CO	Matthew Sima	FAST CO
Shelly Drozda	CUDA CO	Keegan Foulke	NJ CO

Alternates

Girls		Boys	
10 & U		10 & U	
Jack Clouatre	HRA CO	Caraline Baker	GPS CO
Johan Dellgren	TOPS CO	Hanna Luo	BLDR CO
Sam Richie	ASP CO	Lauren White	RMT CO
Julian Bainbridge	MAVS CO	Amanda Blickensderfer	PCST CO
		Marissa Timmons	BLDR CO
11 & 12		11 & 12	
Daniel Schweitzerberger	STAR CO	Lauren Fetzko	SOPR CO
Coleton Allen	STAR CO	Drew Lei-Alerta	DSA CO
Austin Crump	NJ CO	Natalie Arky	HRA CO
Samuel Roach	STAR CO	Lauren Vilims	GPS CO
13 - 14		13 - 14	
Caleb Hicks	FLFN CO	Josie Pearson	EVER CO
Jakob Holtzmann	PARK CO	Kaylee Gassen	TOPS CO
Aidan Mercer	CAC CO	Julia Box	BLDR CO
Hunter Doerr	CSST CO	Jolene Norton	PCST CO
Fox Anderson	BLDR CO		



Cost

\$275.00 Please send a check, made out to Colorado Swimming, Inc. (CSI) and completed paperwork to the above address no later than December 22nd.

Spending money is at your discretion. The team will have time for a low cost activity on Sunday after the meet prior to returning to Colorado. Please send \$15.00 with your swimmer for this activity. There will be a concessions stand at the meet and swimming equipment can also be purchased. Midwestern All-Stars apparel will be available for purchase by any family member.

Travel

The team will travel by Charter Bus and minivan leaving January 13th. Swimmers, chaperones and officials must be at the University of Denver by 6:00am. **Please don't be late, as the team will leave no later than 6:15am.** The team will stop for lunch around 11:00am and arrive in Lawrence around 5:00pm. The bus will leave Lawrence on January 15th after lunch and arrive in Denver around 11:30pm. Please plan on being at the University of Denver at that time. Swimmers will call from the road on the way back with a better idea of what time the bus will be arriving.

University of Denver: 2201 East Asbury, Denver, CO 80208

From I-25: take University exit south from the highway and make your first turn east onto Buchtel Blvd. A permit will be given to chaperones, coaches and officials leaving vehicle.

Hotel

The team will be staying at the Holiday Inn Express, 3411 SW Iowa, Lawrence, KS 66046. The phone number is 785-749-7555. There will be a limited number of rooms on a separate block available to the parents on a first come first serve basis. The rooms will be under the title "Colorado Swimming Parents" and will be available for transfer into family names December 8th. The rooms will be released January, 1st 2012.

Pool Location

The meet is held at the Lawrence Indoor Aquatic Center, located at 4706 Overland Drive next to Free State High School. Parents are not allowed on deck, there is spectator seating above the competition pool. Swimmers will be able to come into the stands between their races. Food and glass is not allowed in the building or pool area.

Food

Please supply your swimmers with breakfast for Friday morning and send along plenty of munchies to get them through the day. Lunch will be the only stop before Lawrence. It is doubtful there will be a stop at grocery stores for individual shopping needs. If you need it, please pack it in your suitcase.

Clothing/Uniforms

Each swimmer will be provided a Speedo "Aquablade" swim suit, two team caps, and two t-shirts. Uniform items will be distributed during the trip to Lawrence. Swimmers are expected to wear the t-shirts provided for them – no other shirt will be allowed while on deck at the meet. We also ask that you bring along a pair of black shorts or sweat pants. Leave your home team gear at home. There are a few exceptions: you may wear your home team parka, Zone Team sweats and use your team bag. Additional uniform items are available for purchase through the form available on the All-Star team website. MI sports (800-693-3539) can help with uniform and sizing questions.

Chaperones

Parents chosen as chaperones will have their trip paid for by Colorado Swimming. We will choose two male and female chaperones, hopefully a mixture of experienced, and first-timers. Parents who have been chosen to chaperone will be notified ASAP, but no later than December 29th. Chaperones will be chosen based on the applications received. All Chaperones will need to be USA Swimming registered which will include a background check. The Colorado Age Group Chairman will attempt to set up a chaperone meeting prior to leaving but the meeting may take place during the trip.

Coaches

Notification of your accomplishment will be sent to your home coach. They are welcome to call with questions regarding this trip. The event list is enclosed so your coach can look it over. If he/she would like to call or email

suggestions regarding the events you swim, it might be helpful. Suggestions must be made by December 22nd. Suggestions can be made to Mike Novell at Mike@mikenovell.com.

Parents

Parents are welcome to attend the meet to support their swimmer and Colorado Swimming. There is an additional hotel block available for parents to reserve rooms from on a first come first serve basis. There are parent shirts and polo's available for purchase through the team uniform order form. While the swimmers are on the trip they are under the supervision of Colorado Swimming and contact should be kept to a minimum to enhance the experience of the travel trip. Please come and cheer on Team Colorado!

Swim Meet

There are three, timed final sessions during this meet. Each swimmer can swim up to two events per session, plus appropriate relays. Coaches will choose the events for the swimmers based on the information used to select Team Colorado. **YOU MUST HAVE A CURRENT 2012 USA SWIMMING REGISTRATION TO PARTICIPATE!!!!** Check with your club to verify you have registered for 2012. If you are not in the database you will have to register before getting on the bus.

Sincerely,

Age Group Co Chair
Mike Novell
Mike@mikenovell.com
602-326-1060

Age Group Co Chair
Jenny Anderson
Fish40174@yahoo.com
303-506-8658

Age Group Coordinator
Alan Cobb
alanrcobb@gmail.com
303-885-0292

All-Star Meet Events

Women	Event	Men
Session I - Warm Up 8:30, Meet Start 10:00am		
1	10 & U 200 Medley Relay	2
3	11-12 200 Medley Relay	4
5	13-14 400 Medley Relay	6
7	10 & U 200 Free	8
9	11-12 200 Free	10
11	13-14 200 Free	12
13	10 & U 100 Breast	14
15	11-12 100 Breast	16
17	13-14 200 Breast	18
19	10 & U 50 Fly	20
21	11-12 50 Fly	22
23	13-14 100 Fly	24
25	10 & U 100 Back	26
27	11-12 100 Back	28
29	13-14 200 Back	30
Session II – Warm Up 3:30pm, Meet Start 5:00pm		
31	11-12 500 Free	32
33	10 & U 100 IM	34
35	11-12 100 IM	36
37	13-14 200 IM	38
39	10 & U 50 Back	40
41	11-12 50 Back	42
43	13-14 100 Back	44
45	10 & U 50 Free	46
47	11-12 50 Free	48
49	13-14 50 Free	50
51	13-14 500 Free	52
III – Warm Up 7:00am, Meet Starts 8:30pm		
53	10 & U 200 IM	54
55	11-12 200 IM	56
57	13-14 400 IM	58
59	10 & U 100 Free	60
61	11-12 100 Free	62
63	13-14 100 Free	64
65	10 & U 50 Breast	66
67	11-12 50 Breast	68
69	13-14 100 Breast	70
71	10 & U 100 Fly	72
73	11-12 100 Fly	74
75	13-14 200 Fly	76
77	10 & U 200 Free Relay	78
79	11-12 200 Free Relay	80
81	13-14 400 Free Relay	82



Vital Information

Please return no later than December 22nd, 2011. Remember you need to make a verbal confirmation by December 20th 2011. Also remember to include your check for \$275.00 made out to Colorado Swimming, Inc.

Name			Age as of 1/14/2012	
Address				
Email			Phone	
Mother			Father	
Speedo Aquablade Suit Size			Males (Circle one)	Jammer Brief
T-Shirt Size (Circle one)	(Youth) S M L (Adult) S M L XL			
One Roommate suggestion				
<i>Please include top times in each event for your age group on a separate piece of paper. Once in a while a swimmer is asked to swim an off event for which he or she may not have a time in the CSI database. List your top 6 choices below. By filling out this section you will eliminate some of the guesswork.</i>				
Event	Time	Meet and Date		
Anything else we should know:				



Additional Uniform Ordering Form

Due December 22nd, 2012

Each swimmer is provided with a suit, 2 caps, and 2 shirts if you would like to order any additional clothing please fill out this form and include the total amount due with your registration payment. Check should be made out to Colorado Swimming.

Item	Cost	Size and Quantity	Cost
Short Sleeve T-Shirt	12.00	Youth S__ M__ L__ Adult S__ M__ L__ XL__	
Long Sleeve T-Shirt	20.00	Youth S__ M__ L__ Adult S__ M__ L__ XL__	
Parents Polo	25.00	Female S__ M__ L__ XL__ Male S__ M__ L__ XL__	
Hoodie Sweat Shirt	25	Youth S__ M__ L__ Adult S__ M__ L__ XL__	
Sweat Pants	25	Youth S__ M__ L__ Adult S__ M__ L__ XL__	
Total Cost			



**Authorization for Treatment of a Minor
(January 13 – 15, 2012)**

I, _____, being the parent or legal guardian of _____ Hereby give my consent for emergency medical and/or surgical treatment of this minor in a licensed hospital/medical facility by a licensed physician should his/her condition so require it in my absence. I understand that in such a case reasonable attempts would first be made to contact me; time and conditions permitting. As long as the medical/surgical treatment considered necessary in the situation is in accordance with generally accepted standards of medical practice, I impose no specific limitations or prohibitions regarding treatment other than those that follow. (If none, then state so.)

Medication	Schedule

Signature of Parent or Guardian _____ Date _____

Emergency information			
Mother			
Daytime Phone		Evening Phone	
Father			
Daytime Phone		Evening Phone	
Insurance			
Type of Insurance		Policy Holders Name	
Policy Number		Social Security number	
Family Doctor		Contact	

DISCIPLINE AGREEMENT

I agree to follow the rules and expectations set forth for this trip. I understand and so do my parents, that if I break the rules I can be sent home immediately at their expense.

Swimmer Signature: _____

Parent's signature: _____

If any disciplinary action must be taken, and the swimmer's parent(s) cannot be reached, the following person will be contacted. If parents are out of town the following person will be responsible for the swimmer if he/she must be sent home.

Contact Person: _____ **Phone:** _____ **Evening:** _____



Colorado Swimming Swimmer Code of Conduct

As a member of the Colorado Swimming Western Zone/All Stars Team, I understand and will comply with the following as approved by the Colorado Swimming Board of Directors:

1. I understand that the possession or use of alcohol, tobacco products, or controlled substances is prohibited.
2. I understand that curfews will be established and must be adhered to.
3. I will only be allowed to leave my assigned room with my chaperone or teammate(s), or an adult who has received prior approval from the head coach or team manager in charge of the team.
4. I understand that my parents or members of the opposite sex will not be allowed to enter my room at any time.
5. I understand that attendance is required at all team functions, including but not limited to, meetings, practices, exhibitions, press conferences, and competitions unless otherwise excused or instructed by the head coach or team manager in charge of the team.
6. I understand that uniform requirements established for the trip must be followed.
7. I will show proper respect, sportsmanship, and courtesy toward coaches, officials, administrators, competitors, chaperons, and the public.
8. I will behave in a manner that presents a positive image of Colorado Swimming and will strive to promote an atmosphere conducive to meeting the competitive performance objectives.
9. I understand that additional guidelines may be established as needed to ensure the safety and well-being of the team members, and subsequently must be adhered to, as well.
10. Failure to comply with the Colorado Swimming Swimmer Code of Conduct as set forth in this document may result in disciplinary action, which may include but is not limited to the following:
 - a. Disqualification from one or more events of the competition.
 - b. Dismissal from the team with a timely scheduled return home, at my own expense.
 - c. Disqualification from future Colorado Swimming-sponsored activities at the recommendation of the head coach.

Any disciplinary action taken may be appealed in accordance with Part Four of the U.S. Swimming Rules and Regulations and Article 10 of the Colorado Swimming Bylaws.

Athlete Signature: _____ Date: _____

Signature: _____ Date: _____

*(parent or legal guardian)



Chaperone Application

Thank you for your interest in helping with this aspect of the All Star trip. If you have ever done this before you realize it is a lot of work, and if you've never done it before, get ready! Although not responsible for deciding consequences, you are in charge, and should be aware of the expectations for the Team. Please read through the expectations of chaperones thoroughly prior to applying. This year Team Colorado will be transporting swimmers in one 55 passenger bus and two 12 passenger vans so drivers will be needed and those willing to drive will be moved to the top of the stack. No driver will be required to drive the entire route of the trip.

Name		USA Swimming ID	
Phone		Email	
T-Shirt Size		Polo Size	
Willing to Drive (Circle one)	Yes	No	
Drivers License Number (please include a copy of your license and proof of insurance)			
Why do you want to be a Chaperone			
Please list any experience that would be beneficial to your abilities as a chaperone			



Colorado Swimming Chaperone Code of Conduct

As a chaperone of the Western Zone/All stars Colorado Swimming Team, I understand and will comply with the following as approved by the Colorado Swimming Board of Directors:

1. I will perform all my duties under the supervision of the head coach and/or the team manager(s) in charge of the team.
2. The possession or use of alcohol, tobacco products, or controlled substances by any swimmer is prohibited throughout the designated duration of the trip, and I will report any violation to the head coach or team manager(s) in charge of the team.
3. I will actively enforce all curfews established for the trip.
4. I may leave my assigned room to assist other chaperones with duties necessary for the safety and well-being of the team members. During my absence, another chaperone, the head coach, or team manager(s) in charge of the team will be charged to monitor my room.
5. I understand that the head coach or team manager(s) in charge of the team, at times, may allow male and female athletes in the same room. In such instances, the dorm, hallway, or hotel door will remain open at all times, and occupants must be under direct chaperone, team manager(s) in charge of the team, or coach supervision.
6. I will attend all team functions, meetings, practices, exhibitions, press conferences, and competitions unless otherwise excused or instructed by the head coach or team manager(s) in charge of the team.
7. I will comply with all uniform requirements established for the trip.
8. I will behave in a professional manner that presents a positive image of Colorado Swimming and will strive to promote an atmosphere conducive to meeting the competitive performance objectives.
9. Additional guidelines may be established as needed to ensure the safety and well-being of the team members and subsequently must be adhered to, as well. Failure to comply with the Colorado Swimming Chaperone Code of Conduct as set forth in this document may result in disciplinary action, including but not limited to the following:
 - a. Dismissal from the team with a timely scheduled return home, at my own expense.
 - b. Disqualification from future Colorado Swimming-sponsored activities at the commendation of the head coach.

Any disciplinary action may be appealed in accordance with Part Four of the U.S. Swimming Rules and Regulations and Article 10 of the Colorado Swimming Bylaws.

Signature: _____ Date: _____



Colorado Swimming Chaperone Duties

The chaperone selected to the Western Zone/All stars Colorado Swimming Team, must comply with the following duties. All chaperones will attend a planned meeting at least one week prior to the departure to the designated team competition:

1. On the date of departure, I will assist the head coach and the team manager(s) in charge of the team with in processing of all the swimmers to include other assigned duties and I will board the designated transportation with my assigned team members.
2. I will provide, the assigned team manager(s) in charge of the team, a head count of all my assigned team members during departure and upon boarding after every stop thereafter to include the days of competition.
3. I will account for and remain with my assigned team members at all times.
4. Upon arrival at the hotel and everyday thereafter, I will;
 - a. Make sure all my assigned team members are present and in their assigned rooms;
 - b. Get instructions from the head coach or team manager in charge of the team of any special instructions for the following day;
 - c. Make sure that all my assigned team members have all the required uniform, caps, goggles, and other special uniform items ready for the next competition;
 - d. Make sure that all trash is picked up and properly disposed off from our assigned rooms before departure from the hotel.
 - e. I may assist the team manager(s) in charge of the team and/or other chaperones with bed check after lights out.
5. Every day, at the competition location, I will;
 - a. Make sure all my assigned team members are present and in the proper uniform;
 - b. Make sure that I can account for each team member at all times during the competition session;
 - c. Make sure that all my assigned team members know every event, heat, and lane number for that particular session;
 - d. Make sure that all my assigned team members are ready for their next event and I will direct them to their next event;
 - e. Make sure that all team members can account for their belongings at the end of the competition and that the area occupied by our team is clean.
6. Additional assigned duties:
7. I will comply with the duties set forth in this document and/or additions necessary for the safety and well being of the team members. Any infraction of the above may result in disciplinary action as set forth in the Colorado Swimming Chaperone Code of Conduct.

Signature: _____ Date: _____

Competition/location: _____

Dates of competition: _____

[Chaperone Application](#)

[Chaperone Code of Conduct](#)

[Chaperone Duties](#)